



### INTAKE QUESTIONNAIRE FOR NEW PATIENTS

This questionnaire is for the purpose of getting to know you better in order to provide the best possible mental health services. Please complete this form as honestly and completely as possible. All information that you provide us will be confidential as required by state and federal laws.

Date: \_\_\_\_\_ Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Home Address: \_\_\_\_\_ City/State/Zip Code: \_\_\_\_\_

Cell/Home/or and/Alternate Phone: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Relationship: \_\_\_\_\_

Marital Status: single married separate divorced remarried engage widowed cohabiting

Have you been married previously?  Yes  No If yes, describe below (when, how long).

Sexual Orientation:  Heterosexual  Homosexual  Bisexual  Other

If applicable, please complete the following:

Partner's Name: \_\_\_\_\_ Partner's Age: \_\_\_\_\_

Partner's Occupation: \_\_\_\_\_

#### IF YOU HAVE CHILDREN, PLEASE LIST THEIR NAMES AND AGES:

#	Name	Sex	Age	#	Name	Sex	Age
1				4			
2				5			
3				6			

#### WHO CURRENTLY LIVES IN YOUR RESIDENCE (adults and children):

#	Name	Relation	Sex	Age	#	Name	Relation	Sex	Age
1					4				
2					5				
3					6				

In your own words, describe the current problems as you see them:

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How long has this been going on? \_\_\_\_\_

What made you come in at this time?

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What do you hope to gain from this evaluation and/or counseling?

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If you had difficulties in the past, what have you done to cope? Was it helpful?

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**SYMPTOMS:**

Please √ any symptoms or experiences that you have had **in the last 30 days.**

	Difficulty Falling Asleep		Difficulty Staying Asleep
	Difficulty Getting Out of Bed		Not Feeling Rested In The Morning

Average hrs. of sleep per night: \_\_\_\_\_

	Persistent Loss of Interest in Previously Enjoyed Activities		Spending Increased Time Alone
	Withdrawing From Other People		Feeling Numb
	Depressed Mood		Irritability
	Rapid Mood Changed		Panic Attacks
	Anxiety		Avoiding People, Places, Activities, etc.
	Frequent Feelings of Guilt	Describe: _____	
	Difficulty Leaving Your Home		
	Fear of Certain Objects or Situations (i.e., flying, heights, bugs)		
	Repetitive Behaviors or Mental Acts (i.e., counting, checking doors, washing hands)		
	Outbursts of Anger		Worthlessness
	Hopelessness		Sadness
	Helplessness		Fear
	Feeling or acting like a different person		Changes in eating/appetite
	Eating More		Eating Less
	Voluntary Vomiting		Use of Laxatives
	Excessive Exercise to Avoid Weight Gain		Binge Eating
	Are you trying to lose weight? Circle one: Yes or No	Weight Gain: _____ lbs. Weight Loss: _____ lbs.	
	Difficulty Catching Your Breath		Increase Muscle Tension
	Unusual Sweating		Easily Started, Feeling "Jumpy"
	Increased or Decreased Energy (circle one)		Dizziness
	Tremor		Intrusive Memories
	Frequent Worry		Memory Changes

Racing Thoughts	Nightmares
Difficulty Concentrating or Thinking	Flashbacks
Thoughts About Harming or Killing Yourself or Others	
Feeling as if you were outside yourself, detached, observing what you are doing.	
Feeling puzzled as to what is real and unreal.	
Persistent, repetitive, intrusive thoughts, impulses, or images.	
Unusual visual experiences such as flashes of light, shadows.	
Hear voices when no one else is present.	
Feeling that your thoughts are controlled or placed in your mind.	
Feeling that the television or the radio is communicating with you.	
Difficulty Problem Solving	Difficulty Meeting Role Expectations
Dependency on Others	Manipulation of Others to Fulfill Your Own Devices
Inappropriate Expression of Anger	Self-Mutilation/Cutting
Difficulty or Inability to Say "No" Others	Ineffective Communication
Sense of Lack of Control	Decreased Ability to Handle Stress
Abusive Relationship	Difficulty Expression Emotions
Concerns About Your Sexuality	

Please describe any other symptoms or experiences you have had problems with:

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**PSYCHIATRIC AND MENTAL HEALTH HISTORY:**

Have you seen a counselor, psychologist, psychiatrist, or other mental health professional before?

Yes       No      If so, who, where, and when: \_\_\_\_\_

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**PSYCHIATRIC MEDICATIONS**

Are you currently taking psychiatric medication?       Yes       No

Read through the lists below and √ "PAST" if you have taken a medication in the past or √ "PRESENT" if you are currently taking a medication.

ANTIDEPRESSANTS	PAST	PRESENT	MOOD STABILIZERS	PAST	PRESENT
imipramine			lithium carbonate/Eskalith		
desipramine/Norpramin			carbamazepine/Tegretol, Equetro		
amitriptyline/Elavil			divalproex/Depakene/Depakote		
Nortriptyline/Pamelor			lamotrigine/Lamictal		
clomipramine/Anafranil			oxcarbazepine/Trileptal		
trazodone/Desyrel			levetiracetam/Keppra		
nefazodone			ANTI-ANXIETY	PAST	PRESENT
fluoxetine/Prozac			diazepam/Valium		
bupropion/Wellbutrin/Zyban			chlordiazepoxide/Librium		

sertraline/Zoloft			oxazepam/Serax		
paroxetine/Paxil			clonazepam/Klonopin		
venlafaxine/Effexor			lorazepam/Ativan		
desvenlafaxine/Pristiq			alprazolam/Xanax		
fluvoxamine/Luvox			bupirone/BuSpar		
levomilnacipran/Fetzima			gabapentin/Neurontin		
citalopram/Celexa			hydroxyzine/Atarax/Vistaril		
escitalopram/Lexapro			propranolol/Inderal		
duloxetine/Cymbalta			atenolol/Tenormin		
vilazodone/Viibryd			guanfacine/Tenex/Intuniv		
vortioxetine/Trintellix			clonidine/Catapress/Kapvay		
milnacipran/Savella			prazosin/Minipress		

			<b>pregabalin/Lyrica</b>			
<b>MAO INHIBITORS</b>			<b>ADD/ADHD</b>		<b>PAST</b>	<b>PRESENT</b>
phenelzine/Nardil			<b>Amphetamines:</b> Adderall, Vyvanse, Mydayis, Dexedrine			
tranylcypromine/Parnate			<b>Methylphenidates:</b> Ritalin, Focalin, Concerta, Methylin, Daytrana, Quillivant			
selegiline/Emsam			<b>Other:</b> Strattera, Intuniv, Clonidine, Viloxazine			
<b>ANTIPSYCHOTICS &amp; BIOPOLAR</b>	<b>PAST</b>	<b>PRESENT</b>	<b>OVER THE COUNTER</b>	<b>PAST</b>	<b>PRESENT</b>	
chlorpromazine/Thorazine			St. John's Wort			
thioridazine/Mellaril			SAMe			
clozapine/Clozaril			Omega-3 Fatty Acids			
quetiapine/Seroquel			L-methylfolate (Enlyte, Deplin)			
perphenazine/Trilafon			N-acetylcysteine (NAC)			
loxapine/Loxitane			Lithium Orotate			
trifluoperazine/Stelazine			5-HTP			
fluphenazine/Prolixin			L-Tyrosine			
thiothixene/Navane			Vitamin B12			
haloperidol/Haldol			L-Tryptophan			
risperidone/Risperdal			Other:			
olanzapine/Zyprexa			<b>HYPNOTICS/SLEEP AIDS</b>	<b>PAST</b>	<b>PRESENT</b>	
ziprasidone/Geodon			temazepam/Restoril			
iloperidone/Fanapt			triazolam/Halcion			
asenapine/Saphris			zolpidem/Ambien			
lurasidone/Latuda			zolpidem/Intermezzo			
aripiprazole/Abilify			zaleplon/Sonata			
brexpiprazole/Rexulti			eszopiclone/Lunesta			
cariprazine/Vraylar			ramelteon/Rozerem			
lumateperone/Caplyta			diphenhydramine/Benadryl			
<b>Long Acting Injectables:</b>			doxepin/Silenor			
			suvorexant/Belsomra			

List any other “over the counter” medications or other prescriptions that are not listed above.

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Have you been hospitalized for psychiatric medications?  Yes  No If yes, describe below.

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Have you ever attempted suicide?  Yes  No If yes, describe below.

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### SUICIDAL QUESTIONS

**Directions:** Answer the following question.

1. In your lifetime, have you ever attempted to kill yourself?

Yes  No

2. If yes, when did this happen?

Within Past 24 hrs. (including today)  Within Last Month (excludes today)

More Than 6 Months Ago  Patient Refused to Answer

3. Do you have a history of self-harm?  Yes  No

4. When did it start, and last time it occurred? \_\_\_\_\_

### **MEDICAL HISTORY:**

Primary Care Provider (name, & where your provider is located): \_\_\_\_\_

Last Seen: \_\_\_\_\_

Allergies (list below with reactions, if none please write NONE):

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Are you currently under treatment for any medical conditions?  Yes  No If yes, list below.

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List any prior illnesses, operations, and accidents (including any head injuries, concussions. Any assaults to the head by possible mean of physical altercation, domestic violence, or near drownings).

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History of CAT scans or MRIs of the head or brain? When and where and what for?

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**PAST PSYCHOSOCIAL FAMILY HISTORY:**

**Father**

Age: \_\_\_\_\_

Living?  Yes  No

Deceased?  Yes  No

If yes, HIS age at time of his death. \_\_\_\_\_

If yes, YOUR age at the time of his death. \_\_\_\_\_

Your health at the time of his death? \_\_\_\_\_

Frequency of contact with him? \_\_\_\_\_

Are you and/or been close to him?  Yes  No

Medical History:

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Mental Health History (include alcohol/drug use):

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**Mother**

Age: \_\_\_\_\_

Living?  Yes  No

Deceased?  Yes  No

If yes, HER age at the time of her death. \_\_\_\_\_

If yes, YOUR age at the time of her death. \_\_\_\_\_

Your health at the time of her death? \_\_\_\_\_

Frequency of contact with her? \_\_\_\_\_

Are you and/or have been close to her?  Yes  No

Medical History:

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Mental Health History (include alcohol/drug use):

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**Children**

Frequency of contact with them? \_\_\_\_\_

Are you and/or have been close to them?  Yes  No

**Medical History:**

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**Mental Health History (include alcohol/drug use):**

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**List ALL of your brother and sisters. (include name, sex, age, whereabouts, & are you close with them)?**

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**During your childhood, did you live any significant period of time with anyone other than your natural parents?  
If yes, please give the person's name and relationship to you with their names, and relation with you.**

Yes

No

If yes, describe below.

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**BIRTH & DEVELOPMENTAL HISTORY:**

**Place of Birth:** \_\_\_\_\_

**How did you come into the world?**

Full Term

Vaginal

Premature

C-Section

**Any interterminal exposure to:**

Drugs

Alcohol

Nicotine

Traumatic Birth

Other: \_\_\_\_\_

**Adopted?**

Yes

No

**Age of Adoption:** \_\_\_\_\_

**Foster Care?** \_\_\_\_\_

**# Of Moves in Lifetime:** \_\_\_\_\_

**Did your parents ever divorce or remarry?** \_\_\_\_\_

**Met milestone on time?**

Yes

No

**Childhood Illnesses?** \_\_\_\_\_

**Speech Therapy?**

Yes

No

**Occupational Therapy?**

Yes

No

Individual Educational Plan (IEP)?  Yes  No

Age of First Sexual Encounter: \_\_\_\_\_ Was it consensual?  Yes  No

**Education**

Highest grade ever completed? \_\_\_\_\_

Degree obtained, if applicable: \_\_\_\_\_

Did you have any disciplinary problems in school?  Yes  No If yes, describe below:

\_\_\_\_\_

What kind of grades did you get in school? \_\_\_\_\_

**MILITARY HISTORY:**

Have you served in the military?  Yes  No If yes, describe below:

\_\_\_\_\_

What type of discharge did you get? \_\_\_\_\_

**VOCATIONAL HISTORY:**

When did you begin working?  Teenage Years  20's

If so, did you work? Regularly Work on and off

Disabled?  Yes  No When? \_\_\_\_\_ How much per month? \_\_\_\_\_

What qualified you for disability? \_\_\_\_\_

Patient Living (Sponsor): Medicaid Medicare Food Bank Food Stamp TANF LEAP IHS VA

**Employment**

Are you currently employed?  Yes  No

If yes, employer's name: \_\_\_\_\_

What type of work do you do? \_\_\_\_\_

Describe ALL your employment history (most recent first) include type of job, dates, & reason for leaving.

\_\_\_\_\_

\_\_\_\_\_



**LEGAL HISTORY:**

Have you been arrested?  Yes  No If yes, describe below.

Current legal problems? \_\_\_\_\_

**SPIRITUALITY:**

Do you have a religious affiliation?  Yes  No

Spiritual/Cultural Beliefs: \_\_\_\_\_

Are there any special beliefs or customs you would like to keep related to your care? \_\_\_\_\_

**ABUSE HISTORY:**

Have you been abused?  Verbal  Emotional  Physically  Sexual  Neglected

Describe your abuse: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**CHEMICAL DEPENDANCY HISTORY:**

Do you drink alcohol?  Yes  No What Kind? \_\_\_\_\_

If yes, age of 1<sup>st</sup> use. \_\_\_\_\_

How much do you drink? \_\_\_\_\_

How often do you drink? \_\_\_\_\_

Have you ever passed out from drinking? How often? \_\_\_\_\_

Have you ever blacked out from drinking? How often? \_\_\_\_\_

Have you ever had the "shakes"? How often? \_\_\_\_\_

Have you ever felt you should cut down on your drinking/drug use?  Yes  No

Have people annoyed you by criticizing your drinking/drug use?  Yes  No

Have you ever drunk/used drugs in the morning to steady your nerves or relieve a hangover?  Yes  No

Do you use tobacco? Yes No

Age Started: \_\_\_\_\_ Age When You Quit: \_\_\_\_\_

How often? \_\_\_\_\_ What form? \_\_\_\_\_

**History of treatment (either inpatient or outpatient)?** \_\_\_\_\_

**Where?** \_\_\_\_\_ **When?** \_\_\_\_\_

**By Whom?** \_\_\_\_\_

**Other Substances**

**Directions:** Please answer below these questions with the drug; ever used, age at 1<sup>st</sup> use, approx. use in last 30 days.

**Marijuana:** \_\_\_\_\_

**Cocaine:** \_\_\_\_\_

**Crack:** \_\_\_\_\_

**Heroin:** \_\_\_\_\_

**Methamphetamine:** \_\_\_\_\_

**Ecstasy:** \_\_\_\_\_

**QUESTIONS?**

Is there anything else you would like to us to know about you?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_